

## Personality

### About:

#### Students are very active

- Sports
- Clubs
- Speech competitions
- School spirited
- Extra curricular activities
- Spend time with friends outside of school
- Leadership roles

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## What helped

### What helped them stay in touch during remote school:

- **Flip-grid** video clips would make me film as a mental health check in
- living in a small town
- Social media (5)
- Email (2)
- Gmail
- Phone
- Zoom
- Instagram
- Going to the park
- Snapchat
- Playing sports as permitted
- Video games
- Group chat with classmates
- Teachers participating in students events strengthened their connection

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## Frustrations

### Fustrations:

- Get in touch with teachers
- Challenge to receive help online
- Lost social skills
  - Didn't communicate at all with classmates
  - School was the only time to have social interactions
- Miscommunication
  - Hard to see and hear through video communication
  - Zoom not connecting
- Suffered with grades
- Less activities in clubs, sports
- Less members in clubs
- Activities have to be separated
- Can't have study sessions challenge for senior students who are taking AP classes
- Feeling alone when studying
- Understand what we are learning
- When emailing teachers, responses are slow

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## Goals

### Goals:

- Get feedback on school work
- Study with other students/have study sessions
- Homework help
- Understand how to do an assignment/ask for clarification
- Just to have someone to talk to, become friends again
- Help on group projects
- Ask about due dates
- Ask about missing information (homework, deadlines lectures) when zoom doesn't connect

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